

# SPARK Academy

OCTOBER 11, 2024

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[www.sparkacademynh.org](http://www.sparkacademynh.org)

## REMINDER: NO SPARK CLASSES ON MONDAY 10/14

In recognition of Indigenous Peoples' Day.

## THE CASH CALENDAR RAFFLE RETURNS!

In November and December we will be selling cash calendar raffle tickets! There will be sales incentives, and every weekday in January we will pull a raffle winner for cash prizes! There may be other surprises, too.

## SPARK ACADEMY YEARBOOK

Did you know we have a yearbook? We do! Please make sure you order one when they become available. Trust us, students: you will enjoy looking at your yearbooks in the future. You are only in high school once; don't miss out.

## PROGRESS REPORTS

The first progress reports for Semester One classes have gone out via email and are published in Alma under the report cards tab. Remember that progress reports are simply a current snapshot, intended to keep you informed as to how your student is doing. There will be another progress report on Dec. 6 before final grades close for the semester on Jan. 16. Please reach out to teachers or staff at any time with questions or concerns.

## ATT'N STUDENTS – TUTORING SUPPORT WANTED!

Third- and Fourth-Year students: if you are good in these subjects and want to get in some volunteer hours, we would like to offer you an opportunity to tutor your younger peers if you are available! The days, times, and classes available are listed below. Make an appointment to meet with Mr. Tuttle if interested.

9:30-11:00	M, T, Th, F	Algebra II
1:30-3:00	M, T, Th, F	Physical Science
9:30-11:00	M, T, Th, F	Physical Science



## FROM THE GUIDANCE OFFICE

1. Senior scholarships:

<https://www.scholarships.com/financial-aid/college-scholarships/scholarship-directory/school-year/high-school-senior>

See Mrs. Minery ASAP and she will assist you with applying for any of these!

2. PSAT & SAT information:

On **Wednesday, October 23rd** all Spark students will be taking either the PSAT 8-9 (first-years), PSAT/NMSQT (second- and third-years), or SAT (fourth-years). We use this data to show their progress throughout their high-school career, so it is important that they are present on-time and ready.

**Students should arrive no later than 7:45; start time is 8:00.** Once the proctors begin giving the directions, late students will not be admitted, and there is no make-up day.

All of the tests are digital. **Students will need to leave their computers and chargers at the school on Tuesday.** We encourage students to get a good night's sleep and to eat breakfast; snacks will be available.

We appreciate your assistance in helping this go smoothly by ensuring that your child/children are prepared. It makes a huge difference.

### 'TIS THE SEASON

We strongly encourage the following protocols for keeping our school community as healthy as possible:

- Stay home if you have moderate symptoms of respiratory illness, especially for the first few days if you are sneezing and coughing a lot.
- Wear a mask if you come to school with symptoms. They are available at the front desk and in most of the classrooms.
- Cover coughs and sneezes with a tissue and then throw it in the trash if you have chosen to remain unmasked and have symptoms.
- Wash your hands frequently and thoroughly with soap and water.
- Don't touch your face.
- Utilize Covid tests, which are readily available at most pharmacies.
- If you test positive for Covid, stay at home & away from others until you are symptom-free (or until your symptoms are obviously improving and you have been fever-free for 24 hours) **and** testing negative if you can obtain another test. When you return to school, you should be masked for at least 5 days.

Thank you for caring about the well-being of your teachers and fellow students!

### SUPPLY NEEDS THIS WEEK

Please consider helping us with these urgently-needed items ASAP: tissues, hand sanitizer (refill jugs or individual pumps), and sanitizing wipes (Clorox or Lysol please.) Here is our amazon wish list link, you can find these and other ongoing and one-time needs there: [https://www.amazon.com/hz/wishlist/ls/1O53RBICC56D3?ref\\_=wl\\_share](https://www.amazon.com/hz/wishlist/ls/1O53RBICC56D3?ref_=wl_share) Thank you for your support!

### MARK YOUR CALENDAR

<b>Mon. 10/14</b>	<b>No Spark Classes (holiday)</b>
<b>Tues. 10/22</b>	<b>Board meeting</b>
<b>Tues. 11/5</b>	<b>No Spark Classes (workshop)</b>
<b>11/27 -11/29</b>	<b>Thanksgiving Break (no Spark classes)</b>

Student photos are from the NHADA Automotive Day held at MCC last week.



## BECOMING MORE RESILIENT...



*“I’ve developed a new philosophy. I only dread one day at a time!”*

Charlie Brown’s new philosophy might be an important step in the right direction for him, but it doesn’t seem to be quite enough for most of us.

What do we do when we feel overwhelmed or overstressed? Even if we follow healthy habits like eating well, exercising, and getting enough sleep, we all find ourselves at times swamped and feeling uncertain. Supportive family and friends are important for all of us so that we can help each other, and your school community can bring additional support as you try your best to learn and grow.

Let’s face it, being a young person is tough work today! We at Spark want to remind everyone that we can add to your friends and family support system as caring adults who are here to listen. That process might start by reaching out to

a teacher who can listen, and encourage you speak with the school counselor or an administrator. At Spark, Mrs. Minery, Mr. Tuttle, and faculty/staff are here for you. Even if we seem busy, we always have time to listen and assure you that you are not alone and that answers can be found.

You don’t have to dread one day at a time. Even Charlie Brown doesn’t seem too convinced of that approach!

## TUTTLE THOUGHTS

What a great time to talk about all of our progress and successes so far this year. We continue to create opportunities and find ways to build skills. We have gone on field trips to NH Construction Career Days, the MCC Automotive Fair, and Wicked STEM in Milford. All of these events created a chance for our students to get out in the world and meet people in industry as they look for their pathway.

We have started participating in BioTrek programming with ARMI and our print farm continues to meet NH schools’ demand for the XRP robots. Sparky has also been out to many events and our students continue to provide community service as a way to give back.

Now progress reports are coming out 2X per semester to show how each student is doing in their classes. This will enable us to develop plans if we need to provide additional support or develop a new goal/plan on how to make sure they are keeping up with their assignments.

Thank you to everyone that has been helping our students. If you are interested in finding ways to be more involved in our continuing process to help students grow, please send me an email and we can set something up.